



12 Month Well-Child Visit Pre-Appointment Paperwork

Please complete the following forms prior to your child's upcoming well-child visit. All forms are fillable PDFs that can be completed on your computer/smartphone, or you can print this packet and fill it in by hand.

If you are coming to our office, please bring these forms to the appointment.

If you have scheduled a virtual visit, please email the completed forms to your provider's office. Provider emails are available at middlesexhealth.org/wellchild.

We look forward to seeing you soon!



SWYC:TM 12 months

12 months, 0 days to 14 months, 31 days
V1.08, 9/1/19

Child's Name:

Birth Date:

Today's Date:

DEVELOPMENTAL MILESTONES

Most children at this age will be able to do some (but not all) of the developmental tasks listed below. Please tell us how much your child is doing each of these things. PLEASE BE SURE TO ANSWER ALL THE QUESTIONS.

	Not Yet	Somewhat	Very Much
Picks up food and eats it			
Pulls up to standing			
Plays games like "peek-a-boo" or "pat-a-cake"			
Calls you "mama" or "dada" or similar name			
Looks around when you say things like "Where's your bottle?" or "Where's your blanket?"			
Copies sounds that you make			
Walks across a room without help			
Follows directions - like "Come here" or "Give me the ball"			
Runs			
Walks up stairs with help			

BABY PEDIATRIC SYMPTOM CHECKLIST (BPSC)

These questions are about your child's behavior. Think about what you would expect of other children the same age, and tell us how much each statement applies to your child.

	Not at all	Somewhat	Very Much
Does your child have a hard time being with new people?			
Does your child have a hard time in new places?			
Does your child have a hard time with change?			
Does your child mind being held by other people?			
Does your child cry a lot?			
Does your child have a hard time calming down?			
Is your child fussy or irritable?			
Is it hard to comfort your child?			
Is it hard to keep your child on a schedule or routine?			
Is it hard to put your child to sleep?			
Is it hard to get enough sleep because of your child?			
Does your child have trouble staying asleep?			

PARENT'S CONCERNS

Not At All Somewhat Very Much

Do you have any concerns about your child's learning or development?

Do you have any concerns about your child's behavior?

FAMILY QUESTIONS

Because family members can have a big impact on your child's development, please answer a few questions about your family below:

Yes No

- 1 Does anyone who lives with your child smoke tobacco?
- 2 In the last year, have you ever drunk alcohol or used drugs more than you meant to?
- 3 Have you felt you wanted or needed to cut down on your drinking or drug use in the last year?
- 4 Has a family member's drinking or drug use ever had a bad effect on your child?

Never true Sometimes true Often true

- 5 Within the past 12 months, we worried whether our food would run out before we got money to buy more.

Over the past two weeks, how often have you been bothered by any of the following problems?

Not at all Several days More than half the days Nearly every day

- 6 Having little interest or pleasure in doing things?
- 7 Feeling down, depressed, or hopeless?

- 8 In general, how would you describe your relationship with your spouse/partner?

No tension Some tension A lot of tension Not applicable

- 9 Do you and your partner work out arguments with:

No difficulty Some difficulty Great difficulty Not applicable

- 10 During the past week, how many days did you or other family members read to your child?

0 1 2 3 4 5 6 7