Your donation to **Middlesex Health Cancer Center** is making an impact.

READ EDWARD MILLER'S STORY TO LEARN HOW.

navigator was a godsend. She walked me through every thing and helped me get over my fears.

Thanks to your contribution, people can access first class health care close to home.

Middlesex Health is a 501(c)3 not-for-profit organization serving the health needs of Middlesex County and beyond.

In late 2019, **Edward Miller**, of Middletown, went for his annual physical. His doctor found a suspicious lump, and Edward, a long-time carpenter, was referred to a Middlesex Health urologist for further testing. He was diagnosed with prostate cancer and opted to undergo radiation therapy as treatment.

"When you hear the word 'cancer' you get scared. You get nervous," Edward says. "At the beginning, it seemed like I had to have 1,000 tests—X-rays, MRIs and other exams. It was very confusing."

Fortunately for Edward, and others who also have questions about their diagnoses and treatments, Middlesex Health Cancer Center nurse navigators are there to help. The prostate cancer nurse navigator answered Edward's questions and put his mind at ease.

"The nurse navigator was a godsend," he says. "She walked me through everything and helped me get over my fears."

Edward's radiation therapy was to be administered daily for nine weeks.

His experience has been somewhat shaped by the COVID-19 pandemic. As he was beginning his treatment in mid-March Middlesex was changing its treatment protocols because of COVID-19. For example, all patients and staff now have to wear masks at Middlesex facilities and patients have their temperature checked.

Edward did not let the pandemic stop him from getting the care he needs.

"Everyone is so nice and helpful," Edward says. "There is nothing unpleasant about the procedure. The staff all try to treat you well and are very helpful if you need anything. They explained why this was happening; why that was happening."

