

# Kayaking/Nature Immersion for Cancer Survivors

Come join Kate Powers, Naturalist/Kayaker/Cancer Survivor  
as we leisurely paddle on the Black Hall River and out to  
the Great Island Salt Marsh Estuary.



## Saturday, June 22, 2019

10 a.m. to 2 p.m.

**Black Hall Outfitters**

132 Shore Road, Old Lyme, CT

- ▶ Kayaks and all gear will be provided
- ▶ Lunch included
- ▶ No experience necessary
- ▶ Canoes will be available
- ▶ Free event

To register or for more information  
call Kate Powers, 860-550-4476  
[www.middlesexhealth.org/kayak](http://www.middlesexhealth.org/kayak)