



CIRCLE OF SECURITY

FREE 8-WEEK PARENTING PROGRAM

Parents are invited to join our free 8-week parenting program that will help you:

- learn how to recognize your infant's needs and better understand their behavior
- be supported as a parent and gain ideas on how to make parenting easier
- begin to understand your own reactions to your infant's behavior

This program is designed to help you understand and respond to your infant's needs, and as a result, creates a better relationship.

TIME: 10 - 11:30 a.m.

DATES: Thursday, September 16 to November 11, 2021

LOCATION: At Home via Zoom

Zoom link will be provided upon registration

Registration closes on September 16. Registration is required.

To register and for more information,
call **Brittney West** at **860-358-4825**.

GROUP IS FOR:

- + First-time parents
- + Pregnant moms
- + Parents with children under six months old

