



# CIRCLE OF SECURITY

## FREE 10-WEEK ONLINE PARENTING PROGRAM FOR FATHERS

Are you a father? Then this Circle of Security group is for you! We know how valuable fathers are in a children's lives. This group is intended for **all** fathers, father figures and male caregivers.

Circle of Security may help you:

- Better understand the child's perspective during this process
- Increase your empathetic response to the child(ren) in your care
- Identify the need behind the behavior
- Balance being a: "Bigger, Stronger, Wiser and Kinder" caregiver
- Identify the child's needs "hidden in plain sight"

**TIME:** Mondays, 6:30 p.m. - 7:30 p.m.

**DATES:** September 11, 18, 25, October 2, 9, 16, 23, 30, November 6, 13

**LOCATION:** The comfort of your own home

**FACILITATOR:** Kimberly Brathwaite

To register, receive a Zoom link and to gain more information, contact  
**Kimberly Brathwaite** at 860-358-6958 or [kimberly.brathwaite@midhosp.org](mailto:kimberly.brathwaite@midhosp.org).

