



# CIRCLE OF SECURITY

## FREE 10-WEEK ONLINE PARENTING PROGRAM FOR FOSTER AND ADOPTIVE FAMILIES

If you're looking for a group to help support the transitions expected during the foster care or adoption journey, this group could help you to:

- Better understand the child's perspective during this process
- Increase your empathetic response to the child(ren) in your care
- Identify the need behind the behavior
- Balance being a: "Bigger, Stronger, Wiser and Kinder" caregiver
- Identify the child's needs "hidden in plain sight"

**TIME:** Mondays, 6:30 p.m. - 7:30 p.m.

**DATES:** September 30, October 7, 14, 21, 28, November 4, 11, 18, 25,  
and December 2

**PLACE:** The comfort your own home

**FACILITATOR:** Kimberly Brathwaite

To register, receive a Zoom link and to gain more information, contact  
**Kimberly Brathwaite** at 860-358-6958 or [kimberly.brathwaite@midhosp.org](mailto:kimberly.brathwaite@midhosp.org).

