

## CIRCLE OF SECURITY

FREE 10-WEEK ONLINE PARENTING PROGRAM
FOR FATHERS

Are you a father? Then this Circle of Security group is for you! We know how valuable fathers are in a children's lives. This group is intended for *all* fathers, father figures and male caregivers.

Circle of Security may help you:

- · Better understand the child's perspective during this process
- · Increase your empathetic response to the child(ren) in your care
- · Identify the need behind the behavior
- Balance being a: "Bigger, Stronger, Wiser and Kinder" caregiver
- · Identify the child's needs "hidden in plain sight"

TIME: 11:30 a.m. - 12:30 p.m.

DATES: Sep. 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 22, 29

**LOCATION:** The comfort of your own home

FACILITATORS: Myke Halpin, International Fatherhood Specialist

Kimberly Brathwaite, Social Worker

To register, receive a Zoom link and to gain more information, contact **Kimberly Brathwaite** at **860-358-6958** or **kimberly.brathwaite@midhosp.org**.



