

Open to the Community

TRANSGENDER

FAMILY/FRIENDS/SUPPORTS GROUP



Understanding and affirming the lives of transgender persons and learning how to be an ally.

WE'VE MOVED ONLINE!

In order to keep our participants, their families and our community as safe as possible, the group will now be meeting online.

FOURTH MONDAY OF EACH MONTH
4 – 5 p.m.

Please join us for our monthly **Family/Friends/Supports Group**, sponsored by Middlesex Health's Transgender Medicine Program. The focus of this group is to connect allies for transgender individuals in a safe, trusting space to openly discuss ways to support those in their life that are questioning their gender or going through the process of transition. In addition, this group is a place to seek support from others with the shared experience of learning to adjust to, understand, and affirm the lives of transgender persons. The group is free and meetings are facilitated by medical staff with special expertise in transgender care.

To participate, or for more information, please email Michael Miarecki at michael.miarecki@midhosp.org to request the Zoom login information. If you need help setting up Zoom, you can [download our guide](#).

