## **Open to the Community**

## TRANSGENDER

## FAMILY/FRIENDS/SUPPORTS GROUP



Understanding and affirming the lives of transgender persons and learning how to be an ally.

## THIRD TUESDAY OF EVERY MONTH

6:30 - 8 p.m.

Middlesex Hospital, 28 Crescent Street, Middletown, CT 06457

David A. Baggish, M.D. Conference Center

Please join us for our monthly **Family/Friends/Supports Group**, sponsored by Middlesex Health's Transgender Medicine Program. The focus of this group is to connect allies for transgender individuals in a safe, trusting space to openly discuss ways to support those in their life that are questioning their gender or going through the process of transition. In addition, this group is a place to seek support from others with the shared experience of learning to adjust to, understand, and affirm the lives of transgender persons. The group is facilitated by medical staff with special expertise in transgender care.

For more information contact Angel Roubin, PsyD | angel.roubin@midhosp.org



