Struggling in This Time of Great Uncertainty?

Middlesex Health Cancer Center is Here for You!

Cancer Patient Virtual Support Groups
using the ZOOM platform

2nd & 4th Tuesday
1 p.m. – 2 p.m.

Facilitators:
Doreen Gagnon and Joan Perkins
Middlesex Health Cancer Center Oncology Social Workers

As you go through your cancer treatments during these stressful times of the COVID-19 crisis, you may find participating in a support group with other cancer patients helpful. Attending a support group may:

+ Help you feel connected to others in a similar situation
+ Provide a safe place to talk about emotions
+ Allow the sharing of coping strategies and solutions to challenges
+ Help you develop a supportive social network

To register, contact Doreen Gagnon, LCSW, OSW–C, at 860-358-2053 or Joan Perkins, LCSW, at 860-358-2037. Once you’ve registered, an email on how to join the ZOOM virtual support group will be sent to you.