

Fluoride Testing Instructions

Your child needs fluoride for good oral health. Most cities and towns will add fluoride to the public water supply. If you have well water, your child may not be receiving the fluoride they need to protect their teeth now and in the future. Your doctor has recommended that you have your well water tested. Some wells do contain a small amount of fluoride. If your water has no fluoride or a small amount, your doctor can give you a prescription for a supplement that your child can take once per day. Some wells contain too much fluoride, which can lead to permanent staining of the teeth. This would also be important for you and your doctor to know.

COLLECTING SAMPLE INSTRUCTIONS:

1. Run your tap water for 3-5 minutes.
2. After the water has run for 3-5 minutes, fill ½ pint (8 ounces) spring water bottle to the top. Close the bottle with the lid.
3. Write the date you collected the sample on the bottle.
4. Fill out bottom of this form
5. Write check for \$15 to be made out to Tunxis Laboratories, LLC.
6. Send bottle, check and form within 1 week of collection to:

Tunxis Laboratories, LLC
100 Northwest Drive
Plainville, CT 06062

You can also drop off the bottle Monday- Friday from 8am- 5 pm at Tunxis Laboratories in Plainville, CT. The phone number for Tunxis Laboratory, LLC is 869-793-8867. Results will be emailed to you and your doctor.

Fluoride water test-15\$ _____ Date of water collection: _____

CHILD'S NAME: _____ PARENT'S NAME: _____

ADDRESS OF WATER COLLECTION: _____

CITY: _____ STATE: _____ ZIPCODE: _____

Parent email address: _____

Doctor's email address:

- East Hampton: easthamptonfamilymedicine@midhosp.org
- Portland: portlandfamilymedicine@midhosp.org
- Middletown: middletownfamilymedicine@midhosp.org