# Parent-Teen Driving Contract

*Please read, discuss and come to an agreement on each part of this contract. This proven method will help reduce the chance of a serious motor vehicle crash. Please note, the night driving and passenger restrictions recommended below exceed the minimum requirements under Connecticut law.*

## Teen

I promise to abide by the rules outlined above. If I break any part of this contract, I will accept the consequences.

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## Parent, or Guardian

I promise to be a positive role model by demonstrating safe driving and to emphasize the importance of safe driving. I promise to provide you with 30-50 hours of supervised driving. I promise to provide transportation home for you when you cannot get a safe ride. I promise to enforce this contract with consistency, fairness and firmness.

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### Speeding

Knowing that speed-related crashes account for 44% of fatalities among 15-20 year olds, I agree to obey the posted speed limit.

If I violate this rule, I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.

### Night Driving

Knowing that the risk of a fatal crash is about three times higher for teens at night than during the day, for the first 6 months after getting a license I will not drive from 10 p.m. to 6 a.m.; and after that from 6 to 12 months, I will not drive between 11 p.m. and 6 a.m.

If I violate this rule, I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.

### Passengers

Knowing that the presence of just one more teen passenger doubles the chance of a fatal crash, I agree to only drive with a parent/guardian, or other adult as allowed by my parent, in the first 3 months of having my license. After 3 months and during the first 6 months I agree to only drive with immediate family members. After 6 months and during the first year I will not drive with more than one teen passenger.

If I violate these rules I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.

### Drinking and Driving

Knowing that drunk driving causes one of every four fatal teen crashes, I agree to never drink and drive or to ride in the car of someone who has been drinking.

If I violate these rules I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.

### Seatbelts

Knowing that using lap and shoulder belts can reduce the risk of dying in a car crash by 45%, I agree to wear my seatbelt at all times and I will make sure my passengers wear their seatbelts.

If I violate these rules I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.

### Cell phones and other distractions

Knowing that talking on a cell phone while driving gives me the reaction time of a 70-year-old, I will not use a cell phone while driving, I will not send text messages, I will not play loud music or otherwise be distracted by the radio, and I will not eat or drink while driving.

If I violate these rules I understand that I will lose my driving privileges for ______________ (time period) and/or other penalty: ________________________________.
A message to parents of teen drivers from The Allstate Foundation

Every year, nearly 6,000 U.S. teenagers are killed in car crashes and about 300,000 are injured. Despite safer cars, better roads and countless driving programs, the numbers have stayed fairly constant for more than a decade. But you can help change this.

Talking to your teen about the rules of the road is not easy. However, it is important; especially when you consider that three out of four teens say their parents would be the best influence in getting them to drive more safely. Use the Parent-Teen Driving Contract on the back to get you started.

Once you discuss each issue and come to an agreement about the rules, sign and date the contract. Keep the contract in a central place in your home, like the front of your refrigerator. The contract should be changed as your teen becomes a more experienced driver.

To learn more about teen driving safety, please visit one or all of the following websites:

www.ProtectTeenDrivers.com
www.ccmckids.org/nttr
www.MourningParentsAct.org
www.ct.gov/dmv

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