In light of the COVID-19 (coronavirus) outbreak, Middlesex Health is implementing strict policies to help keep its patients, employees and volunteers healthy and safe. If you have traveled outside of Connecticut within the past 14 days, please call Volunteer Services at 860-358-6735 to report the travel/vacation location(s). **Effective immediately**, a volunteer may not enter a Middlesex Health facility for 14 days if that individual:

+ Has traveled to a country that the CDC has designated a Level 3 Warning or Level 2 Alert.
+ Has been exposed to someone with a verified case of COVID-19.

If during the 14-day waiting period, the volunteer develops any signs of symptoms suggestive of COVID-19 (fever>100, cough, shortness of breath and/or sore throat), **the volunteer must wait an additional 48 hours after all signs and symptoms have resolved without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants) in order to resume volunteering at Middlesex Health.**

Please note, as always, if you develop any flu-like or respiratory illness, even if not suspected to be COVID-19, we ask that you stay home until you are well again.

**Kathryn H. Kearns**  
Director, Volunteer Services

**Matthew Lundquist, MD**  
Medical Director, Occ Med & Employee Health Services