

Welcome to Middlesex Health Family Medicine!

+ Who We Are

Middlesex Health Family Medicine is an academic teaching practice where Family Medicine, Pediatric, and OB/GYN teaching doctors work with Family Medicine residents out of our three offices in Middletown, Portland, and East Hampton.

We believe that we are a dynamic, innovative, caring group striving to provide excellent care across the lifespan.

+ Visits

We try our best to have all routine well-child visits with your child's primary doctor. If that is impossible, you may see one of our other providers.

We are a popular site for medical students, and so you may also see a student, followed by the resident and/or attending doctor.

We provide you with an age and development-appropriate packet of information at every visit, and we hope you will look through it and ask us questions.

We are a Reach Out and Read site, so we also gift your child with a new book from 6 months to 5 years of age, as our way of saying that the best way to feed a child's brain is to sit with them and interact with a book every day.

+ Contacting Us

- **During the day** your health-related questions will first be answered by our very knowledgeable triage nurses. They then pass the information to your provider, either as an FYI or to ask them to contact you.
- **After-hours concerns** go through the answering service, and they will direct your question to one of our resident doctors.

We encourage you to activate the **patient portal** for your child so you can also communicate by email and see some of the medical chart. To set up the portal, please visit middlesexhealth.org/mychart or ask your provider at your next visit.

If you cannot make a scheduled visit, please call cancel it so you do not incur a "no-show" penalty.