# MIDDLESEX HOSPITAL

Homecare

## Face to Face Encounter

Certification Documentation Resource Guide

## Reasons for and Types of Home Skilled Services

## Select the appropriate skilled needs:

#### Cardiac

- Change/decline in status
- Changes in medication and medication management
- Skilled assessment and observation of cardiovascular status
- Teaching and training of disease process and symptom management
  - -Diet, infection control, safety
  - O<sub>2</sub> use, safety, storage, re-ordering, and need for fire plan
  - Pulse oximetry PRN for S/S respiratory distress and notify physician if <... % on room air</li>

#### Diabetic

- Change/decline in status
- Unstable blood sugars
- Changes in medication and medication management
   Diet, infection control, safety S/S
  - hyper/hypoglycemia
  - Blood sugar monitoring, signs & symptoms to report to physician or RN

#### **GU Catheter**

- Change / decline in status
- Skilled assessment & observation of genitourinary status and chronic catheter maintenance
- Teaching & training of disease process & symptom Management
  - Diet & fluids, safety, infection control S/S of UTI, peri/groin care
  - Medication management
- Reinsert foley every month + PRN

#### Infusion Therapy

- Lab monitoring with medication adjustment
- SN for skilled assessment and training for infusion therapy, line care and maintenance, symptom management, safety and infection control, instruct on signs and symptoms to report to physician or RN

#### Ostomy

- SN for assessment & observation of GI status, teaching and training of disease process & symptom management
- Diet, infection control, safety, signs & symptoms to report to physician or RN
- Medication management as appropriate
- Instruct on Ostomy care every 3-7 days and PRN

#### Pulmonary

- Change/decline in status
- Changes in medication & medication management
- Skilled assessment & observation of respiratory status
- Teaching & training of disease process & symptom management
- Diet, infection control, safety
- Pulse oximetry PRN for S/S respiratory distress and Notify physician if <...% on room
- 02 use, safety, storage, re-ordering, and need for fire Plan

#### **Rehabilitation Services**

- PT / OT skilled evaluation for rehabilitation services
  - Gait training, transfer training & stair training
  - Instruction on use of assistive device for ambulation On all surfaces
  - Instruction on use of assistive devices for ADL's
  - Instruct & upgrade home exercise program
  - Recommend home adaptation to facilitate safety
  - Therapeutic exercises to increase strength & endurance
  - Passive and active ROM exercises for strengthening
     Safety, pain and medication management
- ST skilled evaluation for speech, comprehension and safe swallow
  - Diet, medication management, safety, infection control
- Assess for pain and teach pain management strategies
- Perform/instruct on wound care until healed or becomes chronic in status
- Post-surgical wound assessment and care

### Homebound Status QUALIFIERS

- Unable to leave home without maximum assistance and/or effort
- Unable to ambulate
- Unsteady gait with assistive device
- Unable to negotiate stairs Requires the assistance of 1-2 people to ambulate
- Requires an assistive device to ambulate
- Poor ambulation prone to falls
- Post-op weakness
- Severe dyspnea on exertion
- Difficult and taxing effort to leave home
  Medical restrictions open draining wound, leg elevated at all
- times
- Severe dizziness
- Confusion/disorientation
- Compromised mental status

#### ABSENCES that <u>DO NOT</u> affect Patient's homebound status

- Absence from home to receive healthcare treatment
- Absence for purpose of attending a religious service
- Occasional absences for non-medical reasons
   EX: A unique event family reunion, funeral, graduation, Wedding

#### ABSENCES that DISQUALIFY Patient's homebound status

- Leaving home against medical advice
- Leaving home for business purposes, work or attendance at school
- Leaving home frequently for non-medical reasons even if it requires difficult or taxing effort
- Leaving home several times a week (routinely) to go out for a meal

Updated 11/13/12 gm administrative; face to face